

Q:Intro1

Hello, I'm \_\_\_\_\_ from Southwest Missouri State University and the Greene County Health Department has asked us to conduct a study to enable them to better provide for the health needs of local residents. We are not selling anything or asking for money and although participation is voluntary, your responses will be strictly confidential and will help the health department to better serve your needs. Are you an adult resident of Greene County, Missouri?

- 1 If yes and the respondent sounds female
- 2 If yes and the respondent sounds male
- 3 If no

I'm a student researcher at Southwest Missouri State University. We recently contacted you regarding a study we are doing about health issues in Greene County. We were not able to complete the interview at that time and were hoping you can answer a few brief questions regarding your opinions on this issue. Are you an adult resident of Greene County, Missouri?

- 1 If yes and the respondent sounds female
- 2 If yes and the respondent sounds male
- 3 If no

Q:Intro2

But, because my last caller was a female, I need to ask if there is an adult male in the household that I may speak with?

- 1 Yes
- 2 No

Q:Intro2b

Hello, I'm \_\_\_\_\_ from Southwest Missouri State University and the Greene County Health Department has asked us to conduct a study to enable them to better provide for the health needs of local residents. We are not selling anything or asking for money and although participation is voluntary, your responses will be strictly confidential and will help the health department to better serve your needs. Are you an adult resident of Greene County, Missouri?

Q:Intro3

In that case I'd like to talk to you.

First let me tell you that this survey is voluntary, but all answers that you give me are strictly confidential.

Q:Q1

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicare?

- 1 Yes
- 2 No
- 3 Don't know/Not Sure
- 4 Refused

Q:Q2

What kind of health insurance do you have?

(Read list of responses-may give more than one response)

- 1 Private-traditional
- 2 Managed Care (HMO, PPO, etc)
- 3 Medicare
- 4 Medicaid
- 5 Government (VA, Champus)
- 6 Other
- 7 Don't know
- 8 Refused

Q:Q3

What is the main reason you are without health care coverage?

- 1 Lost job or changed employers
- 2 Spouse or parent lost job or changed employers(includes any person who had been providing insurance prior to job loss or change)
- 3 Became divorced or separated
- 4 Spouse or parent die
- 5 Became ineligible because of age or because left school
- 6 Employer doesn't offer or stopped offering coverage
- 7 Cut back to part time or became temporary employee
- 8 Benefits from employer or former employer ran out
- 9 Couldn't afford to pay the premiums
- 10 Insurance company refused coverage
- 11 Lost Medicaid or Medical Assistance eligibility
- 12 Other
- 13 Refused

Q:Q4

About how long has it been since you had health care coverage?

- 1 Within the past 6 months(anytime less than 6 months ago)
- 2 Within the past year (6 months but less than 6 months ago)
- 3 Within the past 2 years (1 year but less than 2 years ago)
- 4 Within the past 3 years (2 years but less than 3 years ago)
- 5 Within the past 5 years (3 years but less than 5 years ago)
- 6 5 or more years ago
- 7 Don't know/not sure
- 8 Refused

Q:Q5

How do you pay for your health care? (Mark all that apply)

- 1 No insurance (pay cash)
- 2 Health Insurance (i.e. private insurance, Blue Shield, HMO)
- 3 Medicaid
- 4 Medicare
- 5 Medicare Supplemental Insurance
- 6 Veterans Administration
- 7 Indian Health Service
- 8 Other
- 9 Refused

Q:Q6

Do you have dental insurance?

- 1 Yes
- 2 No
- 3 Don't know
- 4 Refused

Q:Q7

Do you have one person that you think of as your personal doctor or health care provider?

- 1 Yes, only one
- 2 More than one
- 3 No
- 4 Don't Know
- 5 Refused

Q:Q8

Where do you go for routine care?

- 1 Doctor's office
- 2 Hospital Emergency Room
- 3 Medical clinic
- 4 Health Department
- 5 I don't need health care
- 6 Other
- 7 Refused

Q:Q9

Was there a time in the past 12 months when you needed medical care, but could not get it?

- 1 Yes
- 2 No
- 3 Don't Know
- 4 Refused

Q:Q10

What is the main reason you did not get medical care?  
(ask about most recent, if more than one instance)

- 1 Cost (include no insurance)
- 2 Distance
- 3 Office wasn't open when I could get there
- 4 Too long a wait in waiting room
- 5 No child care
- 6 No transportation
- 7 No access for people with disabilities
- 8 The medical provider didn't speak my language
- 9 Other
- 10 Don't Know
- 11 Refused

Q:Q11

About how long has it been since you last visited a doctor for a routine checkup?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago
- 6 Don't Know/not sure
- 7 Refused

Q:Q12

Have you ever been told by a health professional that you have asthma?

- 1 Yes
- 2 No
- 3 Don't Know/Not sure
- 4 Refused

Q:Q13

Do you still have asthma?

- 1 Yes
- 2 No
- 3 Don't Know/Not sure
- 4 Refused

Q:Q14

During the past 12 months, how many times did you visit an emergency room or urgent care center because of your asthma?

- \_\_\_\_\_ Number of times
- 98 Don't Know/Not Sure
- 99 Refused

Q:Q15

Have you ever been told by a health professional that you have diabetes?

- 1 Yes
- 2 No
- 3 Don't Know/Not Sure
- 4 Refused

Q:Q16

How old were you when you were told you have diabetes? \_\_\_\_\_

- 98 Don't Know
- 99 Refused

Q:Q17

Are you now taking insulin?

- 1 Yes
- 2 No
- 3 Refused

Q:Q18

About how often do you check your blood glucose or sugar?  
Include times when checked by a family member or friend, but  
do not include times when checked by a health professional.

- 1 If per day
- 2 If per week
- 3 If per month
- 4 If per year
- 5 Don't Know/Not Sure
- 6 Refused

Q:Q18A

Enter times per day\_\_\_\_\_.  
(enter 99 if no response)

Q:Q18B

Enter times per week\_\_\_\_\_.  
(Enter 99 if no response)

Q:Q18C

Enter times per month\_\_\_\_\_.  
(Enter 99 if no response)

Q:Q18D

Enter times per year\_\_\_\_\_.  
(Enter 99 if no response)

Q:Q19

About how many times in the past 12 months have you seen  
a health professional for your diabetes?

\_\_\_\_\_Number of times

- 98 Don't Know/ Not Sure
- 99 Refused

Q:Q20

A test for hemoglobin "A one C" measures the average level of  
blood sugar over the past three months. About how many times  
in the past 12 months has a health professional checked you  
for hemoglobin "A one C"?

\_\_\_\_\_Number of times

- 96 Never heard of Hemoglobin "A one C"
- 98 Don't Know/Not Sure
- 99 Refused

Q:Q21

Have you taken a course or class in how to manage your diabetes yourself?

- 1 Yes
- 2 No
- 3 Don't Know/Not Sure
- 4 Refused

Q:Q22

How long has it been since you last visited a dentist or a dental clinic for any reason?

- 1 Within the past year
- 2 Within the past 2 years
- 3 Within the past 5 years
- 4 5 or more years ago
- 5 Never
- 6 Don't know/Not sure
- 7 Refused

Q:Q23

How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

- 1 1 to 5
- 2 6 or more, but not all
- 3 All of them
- 4 None
- 5 Don't know/Not sure
- 6 Refused

Q:Q24

How long has it been since you had your teeth cleaned by a dentist or a dental hygienist?

- 1 Within the past year
- 2 Within the past 2 years
- 3 Within the past 5 years
- 4 5 or more years ago
- 5 Never
- 6 Don't know/Not sure
- 7 Refused

Q:Q25

How long has it been since your last mammogram?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure
- 8 Refused

Q:Q26

A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you had a clinical breast exam?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q27

How long has it been since your last clinical breast exam?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure
- 8 Refused

Q:Q28

A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused



Q:Q29

How long has it been since your last Pap smear?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure
- 8 Refused

Q:Q30

Have you had a hysterectomy?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q31

A prostate-specific antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q32

How long has it been since your last PSA test?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure
- 8 Refused

Q:Q33

A digital rectal exam is an exam in which a health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q34

How long has it been since your last digital rectal exam?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure
- 8 Refused

Q:Q35

Have you ever been told by a health professional that you had prostate cancer?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q36

A blood stool test is a test that may use a special kit at home to determine whether a stool contains blood. Have you ever had this test using a home kit?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q37

How long has it been since your last blood stool test using a home kit?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure

Q:Q38

Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the bowel for signs of cancer or other health problems. Have you ever had either of these exams?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q39

How long has it been since you had your last sigmoidoscopy or colonoscopy?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure

Q:Q40

Have you smoked at least 100 cigarettes in your life?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q41

Do you now smoke cigarettes every day, some days, or not at all?

- 1 Everyday
- 2 Some days
- 3 Not at all
- 4 Refused

Q:Q42

During the past twelve months, have you stopped smoking for one day or longer because you were trying to quit smoking?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q43

How old were you the first time you smoked a cigarette, even one or two puffs?

- \_\_\_\_\_ age
- 98 Don't know/Not sure
- 99 Refused

Q:Q44

In the past 12 months, has a doctor, nurse or other health professional advised you to quit smoking?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q45

How old were you when you first started smoking cigarettes regularly?

- \_\_\_\_\_ Age
- 97 Never smoked regularly
- 98 Don't know/Not sure
- 99 Refused

Q:Q46

Does your place of work have an official smoking policy?

- 1 Yes
- 2 No
- 3 Not currently employed
- 4 Don't know/Not sure
- 5 Refused

Q:Q47

A drink of alcohol is 1 can of beer, 1 glass of wine, 1 cocktail, or 1 shot of liquor. During the past 30 days, how many days per week or per month did you have at least 1 drink of any alcoholic beverage?

- 0 If haven't drank in past 30 days
- 1 If days per week
- 2 If days in past 30
- 3 Don't know/Not sure
- 4 Refused

Q:Q47a

Enter number of drinks per week

Q:Q47b

Enter number of drinks per 30 days

Q:Q48

On the days when you drank, about how many drinks did you have on the average?

\_\_\_\_Number of drinks

- 98 Don't know/Not sure
- 99 Refused

Q:Q49

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion?

\_\_\_\_Number of times

- 98 Don't Know/Not Sure
- 99 Refused

Q:Q50

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

- 1 0 times
- 2 1 time
- 3 2 or 3 times
- 4 4 or 5 times
- 5 6 or more times
- 6 Refused

Q:Q51

During the past 30 days, how many times did you ride in a car or vehicle driven by someone who had been drinking alcohol?

- 1 0 times
- 2 1 time
- 3 2 or 3 times
- 4 4 or 5 times
- 5 6 or more times
- 6 Refused

Q:Q52

Have you ever been told by a health care professional that you have high blood pressure?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q53

Are you currently taking medicine for your high blood pressure?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q54

Blood Cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q55

About how long has it been since you last had your blood cholesterol checked?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Five or more years ago
- 6 Never had one
- 7 Don't know/Not sure
- 8 Refused

Q:Q56

Have you ever been told by a health professional that your blood cholesterol is high?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q57

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

- \_\_\_\_\_ Number of days
- 98 Don't Know/Not Sure
- 99 Refused

Q:Q58

During the past 30 days, for about how many days have you felt sad, blue, or depressed?

- \_\_\_\_\_ Number of days
- 98 Don't Know/Not Sure
- 99 Refused

Q:Q59

During the past 30 days, for about how many days have you felt worried, tense, or anxious?

- \_\_\_\_\_ Number of days
- 98 Don't Know/Not Sure
- 99 Refused

Q:Q60

During the past 12 months, did you ever seriously consider attempting suicide?

- 1 Yes
- 2 No
- 3 Refused

Q:Q61

During the past 12 months, did you make a plan about how you would attempt suicide?

- 1 Yes
- 2 No
- 3 Refused

Q:Q62

During the past 12 months, how many times did you actually attempt suicide?

- 1 0 times
- 2 1 time
- 3 2 or 3 times
- 4 4 or 5 times
- 5 6 or more times
- 6 Refused/No Response

Q:Q63

To lower your risk of developing heart disease or stroke, are you eating fewer high fat or high cholesterol foods?

- 1 Yes
- 2 No
- 3 Refused/No Answer

Q:Q63A

Are you eating more fruits and vegetables?

- 1 Yes
- 2 No
- 3 Refused/No Answer

Q:Q63B

Are you being more physically active?

- 1 Yes
- 2 No
- 3 Refused/No Answer

Q:Q64

Have you ever been taught about AIDS or HIV infection in school?

- 1 Yes
- 2 No
- 3 AIDS wasn't around when I was in school
- 4 Don't Know/Not Sure
- 5 Refused

Q:Q65

During the past 12 months, have you had a flu shot?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused



Q:Q66

Where did you get your last flu shot?

- 1 A doctor's office or health insurance organization
- 2 A health department
- 3 Another type of clinic or health center
- 4 A senior, recreation, or community center
- 5 A store
- 6 Workplace
- 7 Other
  
- 8 Don't Know
- 9 Refused

Q:Q67

In the past 12 months has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use?

- 1 Yes
- 2 No
  
- 3 Don't know/Not sure
- 4 Refused

Q:Q68

If you rode a bicycle during the past 12 months, how often did you wear a helmet?

- 1 I did not ride a bicycle during the past 12 months
- 2 Never wore a helmet
- 3 Rarely wore a helmet
- 4 Sometimes wore a helmet
- 5 Most of the time wore a helmet
- 6 Always wore a helmet
- 7 Refused

Q:Q69

How often do you wear a seat belt when riding in a car?

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Most of the time
- 5 Always
- 6 Refused

Q:Q70

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q71

Are you now trying to lose weight?

- 1 Yes
- 2 No
- 3 Refused

Q:Q72

Are you now trying to maintain your current weight, that is, to keep from gaining weight?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q73

Are you using physical activity or exercise to lose weight or keep from gaining weight?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q74

In the past 12 months, has a health professional given you advice about your weight?

- 1 Yes, lose weight
- 2 Yes, gain weight
- 3 Yes, maintain current weight
- 4 No
- 5 Don't Know/Not Sure
- 6 Refused

Q:Q75

How do you describe your weight? Would you say:

- 1 very underweight,
- 2 slightly underweight,
- 3 about right,
- 4 slightly overweight, or
- 5 very overweight?
- 6 Refused/No Response

Q:Q76

Would you say that in general your health is:

- 1 excellent,
- 2 good,
- 3 fair, or
- 4 poor?
- 5 Don't Know/Not Sure
- 6 Refused

Q:Q77

Have you or anyone in your immediate family been living with any of the following chronic illnesses?

- 1 diabetes,
- 2 cancer,
- 3 heart disease,
- 4 lung disease/asthma,
- 5 HIV/AIDS,
- 6 alcohol or drug dependency,
- 7 high blood pressure,
- 8 hepatitis,
- 9 arthritis,
- 10 hearing/vision loss,
- 11 other
- 12 Don't know/Not sure
- 13 Refused
- 14 None

Q:Q78

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

\_\_\_\_\_Number of days

- 98 Don't Know/Not Sure
- 99 Refused

Q:Q79

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

\_\_\_\_\_ Number of days

98 Don't Know/Not Sure

99 Refused

Q:Q80

Are you employed:

- 1 full-time,
- 2 part-time,
- 3 self-employed or
- 4 not employed?

5 Refused/No Response

Q:Q81

What is the main reason you are not working?

Is it because of:

- 1 illness or disability,
- 2 cannot find work,
- 3 you are retired,
- 4 you're taking care of family,
- 5 you need training, or is it something
- 6 School
- 7 other
- 8 Refused/No Response

Q:Q82

Are you limited in any way in any activities because of physical, mental, or emotional problems?

- 1 Yes
- 2 No
- 3 Don't know/Not sure
- 4 Refused

Q:Q83

During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

\_\_\_\_\_ Number of days

98 Don't Know/Not Sure

99 Refused

Q:Q84

What is your age? \_\_\_\_\_

998 Don't Know/Not Sure

999 Refused

Q:Q85

What ethnic/racial group do you most identify with?  
Would that be:

1 white or caucasian,

2 Asian,

3 Hispanic/Latino,

4 Native American,

5 African American/Black,

6 a mixed race, (specify)

7 some other ethnic identity?

8 Refusal/No Response

Q:Q86

What is your zip code? \_\_\_\_\_

Q:Q87

What is your annual household income from all sources?  
Stop me when I get to the right category.

1 Less than \$20,000

2 \$20,000 to \$29,999

3 \$30,000 to \$49,999

4 Over \$50,000

5 Refused/No Answer

Q:Q88

How many people are in your household? \_\_\_\_\_

99 Refused

Q:Q89

What is the highest grade or year of school that you completed?

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High School Graduate)
- 5 Some college
- 6 Bachelor's degree or higher
- 7 Refused

Q:Q90

Marital Status:

- 1 married,
- 2 divorced,
- 3 widowed,
- 4 separated,
- 5 never married, or
- 6 a member of an unmarried couple?
- 7 Refused

Q:Q91

How many children less than 18 years of age live in your household?

\_\_\_\_\_Number of children

99 Refused

Q:Q92

About how much do you weigh without shoes?

Weight\_\_\_\_\_

998 Don't Know/Not Sure

999 Refused

Q:Q93

About how tall are you without shoes?

(Enter feet on this screen, inches on next screen)

8 Don't Know/Not Sure

9 Refused

Q:Q93a

(Enter number of inches)

Q:Q94

Within the past year, what type of social service benefits did you or anyone in your family need?

(mark all that apply)

- 1 Food Stamps
- 2 TANF (Temporary Assistance for Needy Families)
- 3 Housing Assistance
- 4 Medicaid
- 5 Respite care (If asked definition below)
- 6 Subsidized Child Care
- 7 Other
- 8 Refused/No Response
- 9 None

(Respite Care: Occasional relief for family caregivers by providing short-term, non-medical care of family members in their own homes and in the community)

Q:Q95

That is our last question. Thank you very much for helping with our health study.

"Record Sex From Voice"

- 1 Male
- 2 Female